

2003 California Children's Healthy Eating and Exercise Practices Survey

Table 77: Percentage of Children Who Participated in Adult-Supervised, Informal Physical Activities After School (Diary Sample)

Other than sports lessons, classes, or teams, during a typical school week do you attend any adult-supervised, informal, physical activities after school?

	Participation in Informal Physical Activities, Percent of Children
Total	31
Gender	
Males	33
Females	27
Ethnicity	
White	27 ***
African American	50
Latino	26
Asian/Other	43
Income	
≤\$19,999	29
\$20,000 - \$49,999	32
≥\$50,000	30
Federal Poverty Level	
≤ 185%	25 *
> 185%	33
Food Stamps	
Yes	23
No	31
Overweight Status	
Not at Risk	34
At Risk/Overweight	28
Physical Activity	
≥60 minutes	34 *
<60 minutes	27
School Breakfast	
Yes	36
No	29
School Lunch	
Yes	30
No	31
Nutrition Lesson	
Yes	36 **
No	24
Exercise Lesson	
Yes	35 ***
No	21

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test

* p<.05

** p<.01

*** p<.001